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High School: Clay High School. Oregon, Ohio
College: University of Dayton
Years with the Club: 2002-2010
College Major: Exercise Science
Current Occupation: Teacher
College Grad Yr: 2014



What were some of the lessons you learned while being on a competitive college soccer team and how has that helped you now that you are removed from competitive athletics?

- Being a student-athlete at the collegiate level has equipped me with life lessons and skills that are highly desired and translate into the professional field. The most important lessons I gained was working as a team and respecting others; understanding that everyone is wired differently and bring unique gifts to the table. Another take away was developing time management and organization skills to stay ahead of schedule and on task. Along with that came discipline and responsibility for being and doing my best to put the team ahead. I also learned how to win and lose; enjoying success through humility and overcoming defeat through perseverance. Continuing my education and playing at the next level has instilled a valuable skill set that has prepared me for a challenging and successful career in education.

Describe your favorite memory with GTFC Impact. How has the club changed since you were a part of it?

-A smile, chuckle, and warm feeling fill me when I think about my time with GTFC. From diving header practice in the mud, the shooting game of love, tournament final PKs, writing homework from Mike, and travel trips to Lodi and across the country; my mind is flooded with good times. However, my favorite memory is the relationships I formed with my teammates and their families. We truly became one, and after five years of going our separate ways, we still keep in touch and hold a special spot in each other's lives.

- I was a part of GTFC before it became GTFC Impact, so that would be the biggest change. It has brought many new faces, organization, and facilities; which is fun and exciting to see.

If you could give advice to younger players, what would you tell them, both High School players and players going to play in college?

- Put your team and teammates before yourself.
- Train when no one is watching, do not let anyone outwork you.
- Be coachable.
- Play with heart, passion, and have FUN!

